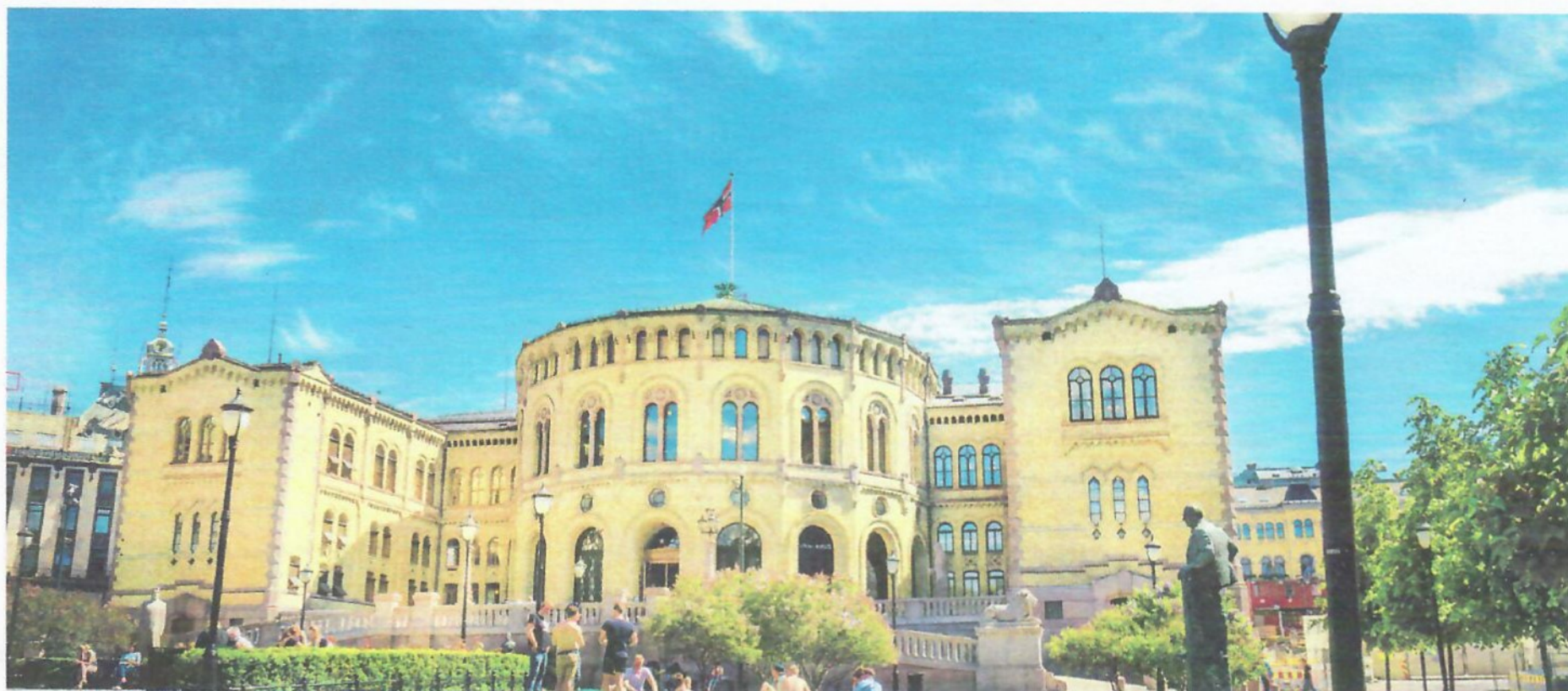


DAY 2
SATURDAY
JULY 27, 2024

OSLO, NORWAY
Arrival: 11 am
All Aboard: 6:45 pm | Departure: 7:15 pm



SHOWERS
High: 70°F / 21°C
Low: 57°F / 14°C



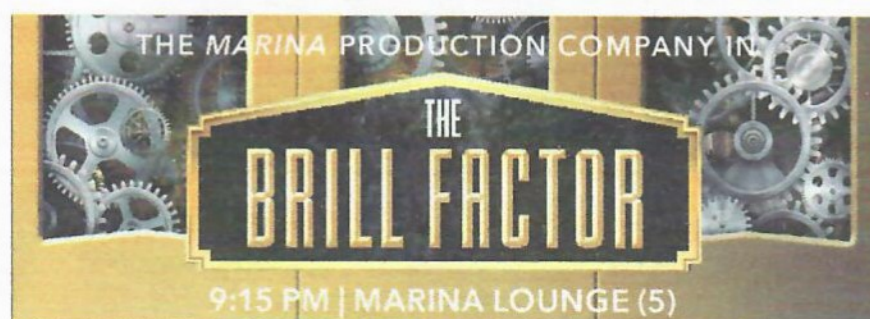
OSLO, NORWAY

No argument, Oslo is one of Europe's most amenable capitals, a vibrant, self-confident city with a relaxed and easy-going air, its handsome center set between the rippling waters of the Oslofjord and the green, forested hills of the interior. Yet Oslo's confidence is new found: for much of its history, the city was something of a poor relation to the other Scandinavian capitals, Stockholm and Copenhagen especially, and it remained dourly provincial until well into the 1950s. Since then, however, Oslo has transformed itself, forging ahead to become an enterprising and cosmopolitan commercial hub with a population of about half a million. Oslo is also the only major metropolis in a country brimming with small towns and villages - its nearest rival, Bergen, is less than half its size. This gives the city a

powerful voice in the political, cultural and economic life of the nation and it's pulled in all of Norway's big companies, as a rash of concrete and glass tower blocks testifies. Fortunately, these monoliths rarely interrupt the stately Neoclassical lines of the late nineteenth-century city center, Oslo's most appealing district, a humming, good-natured place whose breezy streets and squares combine these appealing remnants of the city's early days with a clutch of good museums - in particular the Nasjonalgalleriet (National Gallery) and the Hjemmefrontmuseum (Resistance Museum) - plus dozens of lively bars, cafés and restaurants. The city's showpiece museums - most memorably the remarkable Vikingskipshuset (Viking Ships Museum) - are on the Bygdøy peninsula, which is readily reached by ferry

from the jetty behind the Rådhus (City Hall). East Oslo is the least prepossessing part of town, a gritty sprawl housing the poorest of the city's inhabitants, though the recently revived district of Grünerløkka is now home to a slew of fashionable bars and clubs. The main sight on the east side of town is the Munch-museet (Munch Museum), which boasts a superb collection of the artist's work, though plans are afoot to move the museum to the harborfront. Northwest Oslo is far more prosperous, with big old houses lining the avenues immediately to the west of the Slottsparken. Beyond is the Frognerparken, a chunk of parkland where the wondrous open-air sculptures of Gustav Vigeland are displayed in the Vigelandsparken.

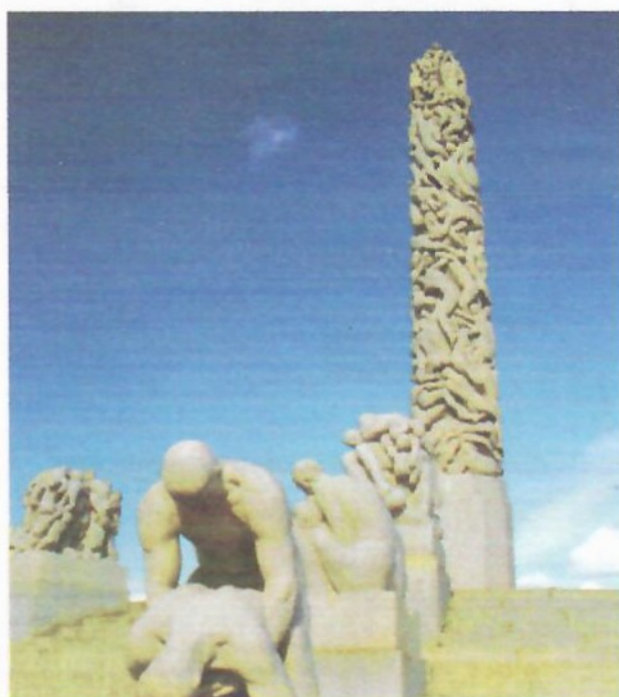
TONIGHT
ON BOARD
MARINA



LATE NIGHT
**DANCE THROUGH
THE DECADES**

With The Excell Band

10:15 - 11 PM | HORIZONS (15)



GOING ASHORE

Marina is scheduled to dock at Port of Oslo - Revierkaaien

Remember to carry with you:
World Card | Government Issued ID

We may automatically take your temperature and use facial recognition for security pre-screening purposes and to facilitate and expedite your embarkation and debarkation. If you do not consent to the above uses of facial recognition, please speak to our staff for an alternate manual process.

PORT AGENT

GAC Norway - Oslo
Oslo, Fillipstad Brygge 1,
Oslo, 0250, Norway
Mobile: + 47 9289 3795
Telephone: + 47 46988265
In case of any emergency while ashore, please contact the above numbers.

DESTINATION SERVICES

The following excursions meet in the Marina Lounge at the times listed below.

CODE	SHORE EXCURSION	MEET TIME
OSL-001	Panoramic Oslo AM DEPARTURE	11 am
OSL-001A	Panoramic Oslo PM DEPARTURE	2:30 pm
OSL-001OE	OE - Panoramic Oslo AM DEPARTURE	11 am
OSL-001OEA	OE - Panoramic Oslo PM DEPARTURE	2:30 pm
OSL-002	Oslo's Maritime Highlights	11:30 am
OSL-005	Highlights & Vigeland Sculpture Park AM DEPARTURE	11:15 am
OSL-005A	Highlights & Vigeland Sculpture Park PM DEPARTURE	2:30 pm
OSL-007	Nobel Peace Center & Walking Tour	11:15 am
OSL-008	Hadeland Glass Works	11:15 am
OSL-013	Hadeland Glass Works & Viking Ships	12 pm
OSL-016	Hike Along The Akerselva River AM DEPARTURE	11:45 am
OSL-016A	Hike Along The Akerselva River PM DEPARTURE	12:45 pm
OSL-AC1	Accessible Oslo & Open-Air Museum	11:45 am
OSL-CM1	Capture The Moment - Oslo	1:15 pm

- Local tourist information service will be available onboard during morning hours.

NORWEGIAN VAT REFUND

Guests who wish to lodge VAT refunds for purchases made inclusive of Norwegian Tax and Duties during this voyage, you may do so in Oslo on July 27, 2024. The Customs VAT office is located in the Oslo Cruise Terminal and is 15 minutes by foot from our docking spot (Revierkaia). It will be open from 10 am until 6 pm. Kindly bring the purchased items, your receipts, your original passport and the Tax Free Forms. VAT Information and maps going to VAT Office is available at Reception desk on Deck 5. Please be advised that Oceania Cruises will not be able to lodge this claim on your behalf.

FILMING ON BOARD

During your cruise, please note there will be camera crews from Porthole Magazine working around the ship. They are filming specific scenes, if you do happen to be walking past but do not want to be filmed in the background, please do let them know, or let the reception team know.

ENVIRONMENTAL HOTLINE: To report environmental incidents please call 1-877-501-5976 or 1-305-436-4003, dial Reception 00 or email environmentalhotline@oceaniacruises.com. The environmental hotline should be used only to report actual or potential environmental incidents, spills and concerns. All reports are confidential.

GOOD MORNING

6 am	Marina Today with Cruise Director Peter	TV Channel 1
9:15 am	Indoor Golf Putting with the Entertainment Team BIG O POINTS	Martinis (6)
9:30 am	Wellness Event: Tighten Your Skin with Thermage Results with a single treatment.	Aquamar (14)
9:45 am	Coffee Chat & Needlepoint with Social Hostess Clara	Horizons (15)
10 am	Line Dancing with Assistant Cruise Director Jason	Horizons (15)
10 am	Wellness Event: Puffy Eye Solutions Tips on how to conceal and brighten your eyes.	Aquamar (14)
10:15 am	Shuffleboard with the Entertainment Team <i>Weather Permitting</i> BIG O POINTS	Sports Deck Aft (15)
10:30 am	Games at Sea Possessions with Cruise Director Peter BIG O POINTS	Martinis (6)

JULY 27, 2024

MORNING ACTIVITIES CONTINUED

10:30 am	Art Scavenger Hunt with the Entertainment Team Answers Revealed 4 August	Casino Bar (6)
10:45 am	Mensa® Daily Quiz answers revealed with Social Hostess Clara BIG O POINTS	Martinis (6)
11 am	IN PORT <i>Marina</i> is scheduled to dock in Oslo, Norway	
11:15 am	Pickleball & Paddle Tennis with your fellow guests <i>Weather Permitting</i> non-hosted	Sports Deck Fwd (16)

GOOD AFTERNOON

1:45 pm	Card Games & Social Bridge Play non-hosted	Polo Grill (14)
1 - 3 pm	Massage Tasters Discover our range of treatments with a complimentary taster	Aquamar (14)
2 pm	Wellness Event Relieve Back, Neck & Shoulder Pain Naturally	Aquamar (14)
2:15 pm	Baggo Bean Bag Toss with the Entertainment Team BIG O POINTS	Martinis (6)
2:30 pm	Grand Master 70's Soul Recorded Music <i>Weather Permitting</i>	Pool Deck (12)
3 pm	Wellness Event Advanced Facial Rejuvenation with Dr. Pedroso M.D.	Aquamar (14)
3:15 pm	Golf Putting with the Entertainment Team <i>Weather Permitting</i> BIG O POINTS	Sports Deck Fwd (16)
4 pm	Wellness Event Natural Relief for Arthritis, Sciatica, & Knee Pain	Aquamar (14)
4 - 5 pm	Afternoon Tea featuring The Lastara Strings	Horizons (15)
4:15 pm	Table Tennis with the Entertainment Team <i>Weather Permitting</i> BIG O POINTS	Open Deck (14)
4:30 pm	Team Trivia with the Entertainment Team MAX 6 PER TEAM BIG O POINTS	Martinis (6)
5:15 pm	Friends of Bill W non-hosted	Terrace Café Port (12)
5:45 - 6:30 pm	Strike Up the Band with the Marina Show Band	Horizons (15)

GOOD EVENING

6 - 6:30 pm	Nicholas Hubbard at the Piano 6:45 - 7:30 pm 10 - 10:45 pm 11 pm - late	Martinis (6)
6 - 6:45 pm	The Lastara Strings 7:30 - 8 pm 8:15 - 9 pm	Casino Bar (6)
6:45 pm	ALL ABOARD All guests are required to be back on board	
6:45 - 7:30 pm	The Excell Band 11:15 - 11:45 pm	Horizons (15)
7:15 pm	SAIL AWAY <i>Marina</i> is scheduled to depart for Kristiansand, Norway Distance: 107 nautical miles	
8:30 pm	What's on T.V Trivia with Assistant Cruise Director Jason BIG O POINTS	Marina Lounge (5)
9:15 pm	THE BRILL FACTOR STARRING THE MARINA PRODUCTION COMPANY A peek inside the hit-manufacturing machine that was The Brill Building, where legendary songwriting teams generated the music that defined the 1950's and 60's. <i>Accompanied by the Marina Showband</i> Video and audio recording, flash photography and the saving of seats are strictly prohibited. Thank you.	Marina Lounge (5)
10 - 10:45 pm	Tickling the Ivories with Cocktail Pianist Nicholas Hubbard	Martinis (6)
10:15 pm	Bellarri Welcome Aboard Raffle	Bellarri Boutique (5)
10:15 - 11 pm	DANCE THROUGH THE DECADES with The Excell Band	Horizons (15)
11:45 pm - late	Jukester Jukebox You pick the hits and dance into the night!	Horizons (15)



MEET YOUR FUTURE CRUISE CONSULTANTS



SPENCER ELMSLIE

Born and raised in Miami, Florida, to two boat-loving, Jimmy Buffet-listening parents, the ocean has been the main theme of Spencer's life for as long as he can remember. At the age of 7, Spencer started sailing competitively in Miami and continued through graduation at Florida State University. Working onboard Oceania Cruises has matched his love for the ocean and for traveling.



CECILIA GRIMALDI

Born in Buenos Aires, Argentina, Cecilia joined the cruise industry back in 2002. She has visited over 110 countries. Her favorite destinations are South America, the Mediterranean and French Polynesia. After working on ships for 15 years, then for our UK office, she is delighted to be back aboard. She now calls Alicante, Spain home. When not working Cecilia enjoys cooking, playing tennis and walking her dog on the beach.

Visit your Future Cruise Consultants in the Future Cruise Sales Office on Deck 6.

RESTAURANT HOURS

Breakfast In-Suite	6:30 - 10:30 am
Coffee Corner Horizons (15)	6:30 - 11 am
Breakfast Aquamar Kitchen (12)	7 - 10 am
Breakfast Buffet Terrace Café (12)	7:30 - 10 am
Breakfast Waves Grill (12)	7 - 11 am
Breakfast The Grand Dining Room (6)	8 - 9:30 am
Lunch Waves Grill (12)	11:30 am - 4 pm
Lunch Aquamar Kitchen (12)	11 am - 3 pm
Mexican Lunch Buffet Terrace Café (12)	12 - 2 pm
Lunch The Grand Dining Room (6)	Closed
Dinner Terrace Café (12)	6:30 - 9 pm
Pizzeria Waves Grill (12)	6:30 - 9 pm
Dinner The Grand Dining Room (6)	6:30 - 9:30 pm
SPECIALTY RESTAURANTS <i>Reservation Only</i>	
Jacques (5), Red Ginger (5), Polo Grill (14) & Toscana (14)	6:30 - 9 pm

Reservations can be booked at the Reservation Desk on Deck 5 daily from 8 am - 5 pm

BAR HOURS

Baristas (14)	6:30 am - 5:30 pm
Waves Bar (12)	10 am - Closing
Horizons (15)	3 pm - Closing
Casino Bar (6)	4 pm - Closing
Martinis (6)	3 pm - Closing
Baristas Aperitivo (14)	6 - 10 pm

SERVICE HOURS

Reception Desk (5)	Open 24-hours
Destination Services (5)	9 - 11 am 5 - 8 pm
Concierge (5)	8 am - 12 pm 4 - 8 pm
Concierge Lounge (9)	8 am - 12 pm 4 - 8 pm
Executive Lounge (11)	8 am - 12 pm 4 - 8 pm
Future Cruise Sales (6)	8 - 11 am 4 - 8 pm
Boutiques (5)	7:45 - 11 pm
Casino (6)	Slots & Tables: 8 pm - Closing
Aquamar Spa + Vitality Center (14)	8 am - 10 pm
Fitness Center (14)	6 am - 10 pm
Pool (12) <i>Weather Permitting</i>	7 am - 10 pm
Oceania@Sea Internet Café (14)	7:30 - 10:30 am 4 - 7 pm
Medical Center (4)	8 - 10 am 6 - 8 pm

For symptoms associated with infectious diseases, dial 4400 to schedule a consultation. Medical/nurse assistance is available 24 hours. Medical charges apply.

IN THE EVENT OF AN EMERGENCY, PLEASE DIAL 999

LOCATIONS OF OUR SISTER SHIPS

REGATTA
Cruising the
Outside Passage

INSIGNIA
Isafjordur,
Iceland

NAUTICA
Gdansk,
Poland

SIRENA
Torshavn,
Faeroe Islands

RIVIERA
Chania / Souda,
Greece

VISTA
Marmaris,
Turkey

DAILY OFFERS

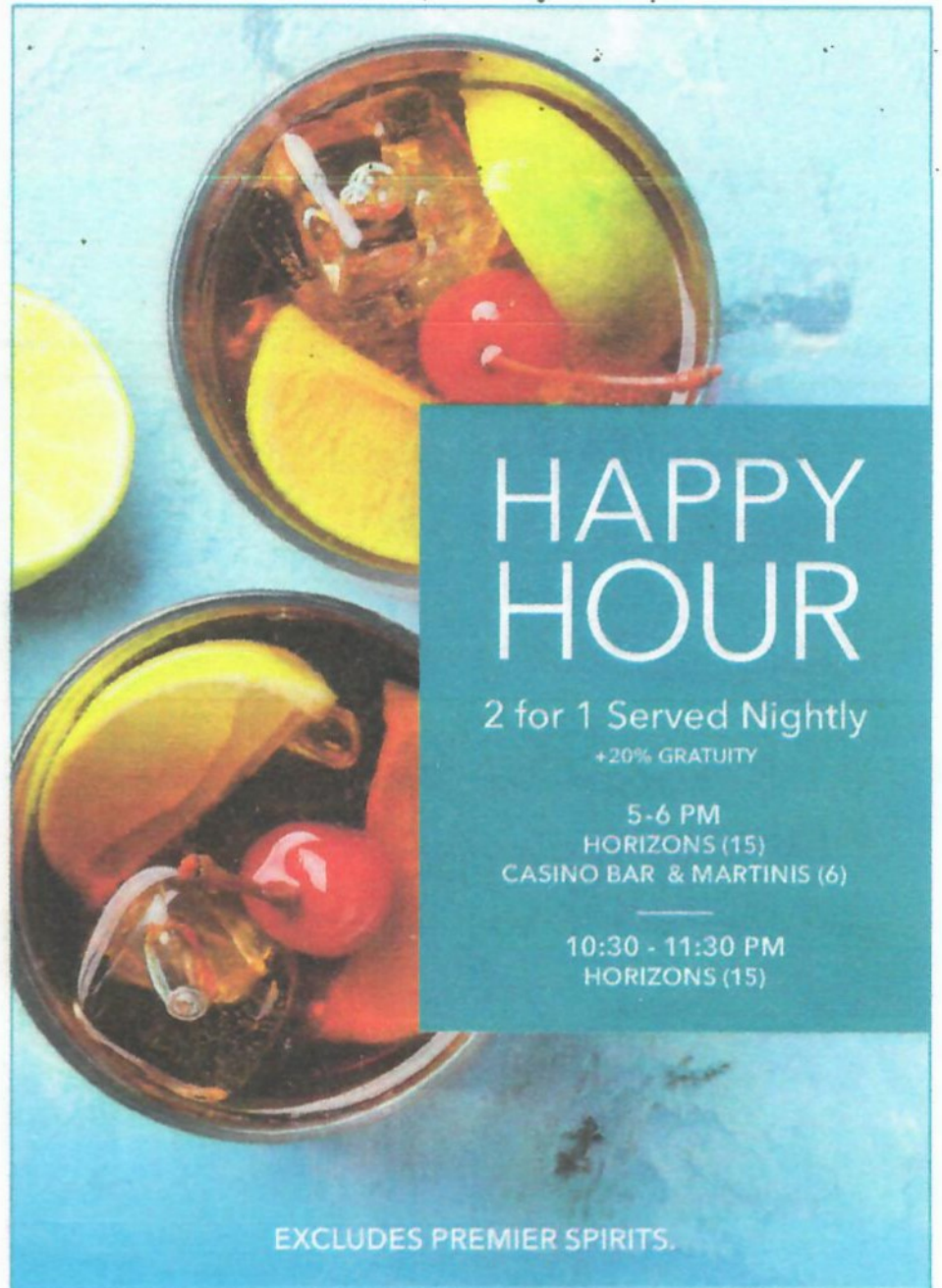
SAVOR A SLICE

THE PIZZERIA AT WAVES GRILL

Featuring hand-tossed pizzas with delectable toppings and a selection of antipasti and buratta.

Buon appetito!

6:30 - 9 PM | WAVES GRILL (12)



HAPPY HOUR

2 for 1 Served Nightly
+20% GRATUITY

5-6 PM
HORIZONS (15)
CASINO BAR & MARTINIS (6)

10:30 - 11:30 PM
HORIZONS (15)

EXCLUDES PREMIER SPIRITS.

CASHLESS WAGERING

Charge gaming to your onboard account using our cashless wagering system.

Convenience fees & limits apply.

ASK OUR CASINO STAFF FOR DETAILS

CASINO | DECK 6



BOUTIQUE



FREDERIQUE CONSTANT
CREATIVITY, INSPIRATION & PASSION

Founded in Genève in 1988.

These are at the heart of every frederique constant watch. At Frederique Constant, we truly believe we have the most passionate, dedicated and talented minds in the watchmaking industry.

7:45 PM | BOUTIQUE (5)

perfect PAIRINGS

Celebrate and enhance your journey with a private dining experience in Privée.

CHOOSE FROM:

DOM PÉRIGNON EXPERIENCE

\$395 per person + 20% gratuity

THE ODYSSEY MENU

\$150 per person + 20% gratuity

VISIT THE DINING RESERVATIONS DESK ON DECK 5 AND RESERVE PRIVÉE TODAY

limited availability



BELLARRI

WELCOME RAFFLE - TODAY ONLY
A WARM WELCOME TO
GUESTS & COLLECTORS
UP TO 20% OFF

10:15 PM | BELLARRI BOUTIQUE (5)



AQUAMAR
SPA + VITALITY CENTER



TODAY'S SPA SPECIAL

RELAX, REPAIR, RELIEVE.

Minimize muscular fatigue, joint pain and swelling with our R3 Pain Management Therapy.

100 minutes for \$299

Visit Aquamar Spa + Vitality Center Deck 14, or dial 2800 to reserve an appointment

TODAY'S WELLNESS EVENTS

TIGHTEN YOUR SKIN WITH THERMAGE
9:30 am | Aquamar (14)

PUFFY EYE SOLUTIONS
10 am | Aquamar (14)

MASSAGE TASTERS
1 - 3 pm | Aquamar (14)

RELIEVE BACK, NECK & SHOULDER PAIN NATURALLY
2 pm | Aquamar (14)

ADVANCED FACIAL REJUVENATION WITH DR. PEDROSO M.D.
3 pm | Aquamar (14)

NATURAL RELIEF FOR ARTHRITIS, BACK & KNEE PAIN
4 pm | Aquamar (14)

TODAY'S FITNESS CLASSES

PURE-FORM PILATES
5 pm | Fitness Center (14)

SUNSET STRETCH
6 pm | Fitness Center (14)

For your convenience, a 20% service charge will automatically be added to all services. Restrictions may apply. See spa for details.